

At-home health monitoring

Monitor your overall health remotely without having to visit the office or the pharmacy.



Prescription medications can have side effects on your physical health. Although negative side effects are less common, it's important that your healthcare providers are able to look out for them. Through Athelas' at-home monitoring program, your prescriber will get an update on your physical health every month.

This allows them to provide you with a tailored treatment plan and care for you better.

How it works



STEP 01

Athelas will ship you a box with connected health devices and train you on how to use them.



STEP 02

Athelas will text you on a monthly basis, reminding you to test your vitals (i.e. blood sugar, weight, and blood pressure).



STEP 03

Your test results will be sent directly to your doctor. Your doctor will be alerted if anything looks out of the ordinary that they may need to follow up on.

How to sign up

If you are interested in joining, let your prescriber know. They will send an order with your contact information to the Athelas Onboarding Team. The Athelas Staff will ship devices to you and contact you to schedule a time for a quick training.

Common Questions



Why am I being recommended for this now?

Insurers, clinics, and patients are realizing that telehealth is a powerful tool for preventative health and physiological monitoring. At-home monitoring will allow you to record your vitals from the comfort of your own home.

We have partnered with Athelas to provide this service - high-quality, convenient care while remote.

What devices will be sent to me?

A combination of devices are selected uniquely for each patient depending on their existing conditions and medications. These devices will be listed on the onboarding page when a patient enrolls online. If enrolling over the phone, the Athelas Onboarding team can walk the patient through which devices were selected for them.

How do I enroll?

Patients can enroll by visiting <https://onboarding.athelas.com/> and following the prompts to confirm their information. Alternatively, patients can enroll via phone by calling 1-833-524-1318.

Who can I ask questions about the program?

You can contact Athelas at any time with questions by calling or texting 1-833-524-1318 or emailing support@athelas.com

Will my information be secure and protected?

Absolutely! Privacy and security is our #1 priority. All Athelas platforms are fully HIPAA compliant and all patient data is fully protected.